



JOLT 2016
What to know...
What to wear...
What to bring...

Friday, August 26

10 a.m. Check-in, Dyson Atrium, Sage Hall

Busses will board just past 10 a.m. All students should plan to travel on the buses unless you have been in touch with Amanda Shaw or Ingrid Jensen regarding conflicts that cannot be mitigated.

~6:30 p.m. Buses arrive back in Ithaca – stops will be made at Sage Hall, Fairview, Collegetown Terrace and Downtown (Commons).

Meals Provided:

Snacks & drinks all day, lunch and dinner; alcoholic beverages will be available just ahead of and during dinner (students are not permitted to BYOB to the park per town and facility regulations).

Attire - What to Wear:

- o Wear comfortable clothing that allows you to sit on the ground and move around freely, and will dry quickly if wet.
- o Sneakers are recommended along with a pair of flip-flops/sandals/water shoes

WHAT ELSE TO BRING

Pack a Small Day-Pack/Tote with:

- o A complete extra set of clothing
- Your extra shoes sneakers or water shoes (wear one, pack one)
- A light jacket or sweatshirt
- Swimsuit & towel
- o Sunscreen
- o Sunglasses/Hat
- o Running clothes if you want to hit the trail during free time
- o Epi-pen or any other medication you may need during the day

Hope Lake Park Policies

Absolutely NO illegal drugs; pets; firearms, fireworks or other items of incendiary nature; shall be permitted on the grounds.

Please note that smoking is prohibited on the park grounds per New York State regulations; if you wish to smoke please speak with Greek Peak or Park staff for direction as to where smoking is permitted.